

## Our Policy

Cowes Primary School encourages and supports the whole school community to travel more actively and sustainably where possible.

Studies show that travelling actively can help develop physical and mental well-being, social interaction, independent travel skills and good road sense. This helps ready our children for when they leave the school to go to transition into secondary education.

We currently work with a range of external providers, such as Wight Cycle Training, the 'SHIFT-IT' Awards Programme and the Isle of Wight Council, to keep up-to-date with any appropriate schemes, training or grants that help us deliver our School Travel Action Plan.

## Our Current Offer

- **School Travel Action Plan** – We have a current plan that is reviewed annually.
- **Cycle Training** - We have training sessions for all ages and abilities. Bikeability is offered to Year 5 & 6 pupils. Balanceability club is run by the school.
- **Road Safety Training** – We actively engage with National Road Safety Week, and school programmes offered by outside agencies e.g. Fire Service.
- **Storage Facilities**  
**Cycle/Scooter Storage** – Our current fenced storage is in the back playground which enables pupil's bikes to be stored safely and securely. There is also a covered bike shelter at the front entrance.

## Our Achievements in 2017-2019

### We have:

- Increased our school community travelling actively and sustainably.
- Engaged with the 'Shift It' programme all year and achieved the BRONZE and SILVER SCHOOLS AWARD!
- Staff member trained as a Balanceability Instructor.
- Held an Active Travel Smoothie Bike Breakfast
- Offered Reception pupil's Balanceability Club and KS2 pupil's cycle training, including Bikeability for Year 6 pupils.
- Took part in the Active Travel Week in March and July 2019.
- Used the Shift-It data collection app to keep track of the school travel mode habits and trends.
- Reviewed the current STAP.



## Planning Ahead 2019/2020

### We plan to:

- Add active travel information to the school website.
- Offer every pupil in the school some form of cycle training – from Balanceability to Bikeability.
- Complete Active Travel Challenges, which reflects the emphasis we put on healthy and active children as well as encouraging our school community to consider the environmental impact of the school run.
- Increase the frequency and classes using of the Shift-IT data collection app.
- Plan to add sustainable transport theme into the curriculum plan for the year to achieve the GOLD AWARD! <https://www.sustainablelearning.com/resource/future-transport>