

PE Report to Governors including spending of the PE Sports Premium from September 2016- July 2017

As always the main drive behind the spending of the Sports Premium Grant has been the development of sport and physical activity for all pupils regardless of their sporting ability. The schools vision for PE and physical activity is to develop a positive attitude towards a healthy lifestyle that extends beyond childhood. This is achieved by offering a range of physical activities that are delivered in such a way as to ensure engagement by all. The school's commitment to these aims was rewarded in September 2017 when we were awarded the Sainsbury Gold Kite Mark which recognises such values as inclusion, leadership, participation and endeavour. As a result of this achievement two pupils were invited to join pupils from other Gold Kite Marks school to visit the Ageas Bowl for a day of sporting activities (cost £42 .80). The school gained further recognition for its commitment to sport by being shortlisted for the IOW Sports Foundation Sporting Achievements Awards. This involved attending an awards ceremony at Medina theatre where the school received an award for outstanding achievements in the junior school section. This is now proudly displayed in school.

With the schools ethos on sport very much in mind the PE sports premium money has been allocated as follows with the impact of the spending highlighted:

A salary of £4122 (for the period 01/04/16- 31/3/17) and £4158 (for the period 1/4/17-31/3/18) allows JK to teach an extra 0.1 of PE on top of her usual 0.5. **This means that two additional classes will be taught by a specialist PE Teacher who has been observed as delivering outstanding lessons.** This additional time also allows JK and SN to team teach all games lessons and thereby share expertise. It also allows JK to be in school in order to run an additional after school club **there by giving the children another opportunity to further engage themselves in physical activity and possibly become part of a school team which then provides opportunities to experience competitive sport.**

The school has again sent a number of Year 5/6 children on the Search for a Star Gifted and Talented programme (6 Year 5 children and 8 Year 6 children) .This allows the children to train with other talented children from the Cowes cluster and receive coaching from several specialist coaches. **The impact of the programme is clearly evident in the standards achieved by the children. Gold, Silver or Bronze certificates, or a certificate of attendance, are awarded depending on performance, level of improvement, attendance, attitude and behaviour. This year 1 Bronze certificate, 9 Silver certificates and 3 Gold certificates were awarded.** *The cost is £28 per child and the school is invoiced at the end of the 8 weeks (total £392)* The Year 3/4 children are sent on a similar programme thereby enabling them to work with equally talented children in a variety of activities. **Whilst this age group does not receive Gold, Silver or Bronze awards, those who have shown commitment do receive a certificate of attendance.** This year 14 children from Cowes Primary attended the programme, our most to date. The cost of this is £24.50 per child (total £343).

The variety of clubs on offer from September 2016 to date has been particularly pleasing. **The numbers of places taken up by children across all sport clubs during the academic year Sept 2016-June 2017 was 587;** this is an increase of 63 from last year. Details of clubs and numbers of children attending are shown in table 1. The club timetable involves a mixture of team games such as basketball and rugby, individual sports such as gymnastics and cross country and fun activities such as scooting .This aims to ensure inclusion by children of all levels of ability and all ages. The Fit for fun club, which this year was run for girls, was particularly successful and was aimed at those girls who have struggled to engage in their PE lessons. As of September 2017 this club will be expanded to include separate boys and girls clubs and will focus on children identified by class teachers who are struggling academically. The importance of this club is strengthened by the research that suggests

there is a **proven link between increased physical activity and improved academic achievement.**

In addition to these clubs JK also runs specific squad training sessions in order to prepare for competitions. School games membership of £200 allows the school to enter all of the cluster and Island competitions and festivals organised by the SGO. (Cricket and Football charge separate entry fees; Cricket £20 and football £30) **Here the more able children are given the opportunity to compete against equally talented children and experience the highs and lows associated with competition.** We enter virtually all competitions, the results of which are shared with all the children and parents via news- letters, assemblies and Facebook. This sharing of success helps to build further home school links. Whilst the competitions are generally aimed at the stronger more able children the festivals are non- competitive and **are aimed at encouraging other children to participate in sport outside the security of a PE lesson.** The festivals entered have been sitting volleyball, dodgeball, table tennis, OAA, archery, multi-skills, mini triathlons and girls' football, all have proved extremely popular. **With the addition of new competitions this year, Cowes has attended 35 competitions/festivals since September 2016 involving approximately 360 children. This is an increase from 2015/16 when 29 competitions and festivals were entered involving approximately 321 children. Details of competitions and festivals are shown on table two.**

Cowes has continued to be the organising school for the Cowes Cluster Year 3/4 Cross Country Relay Championships. In addition to JK and SN, this competition was run by the Year 6 Young Leaders (House Captains) who marshalled, timed, scored and presented medals. **This was an excellent opportunity for them to practice their leadership skills.** This year the competition was transferred to the fields of Cowes Primary which proved to be a very popular move. No cost was involved in running this competition as the medals were kindly donated by Ryde Harriers. Ryde Harriers also showed their support for the school by funding a sports team kit that was produced in the school colours and displayed the school logo.

During the first half of the autumn term 2016 JK was part of the team of staff that took some of the Year 3/4 children down to UKSA for their swimming lessons. Having closely observed a child with a disability it was clearly evident that there would be significant benefits for the child in participating in extra swimming sessions. It was therefore arranged with Nicky Metcalf, the swimming coach, for the child to receive an additional 30 minutes every Wednesday morning where they would receive one to one tuition for 7 sessions. The cost of this was £10 per session. **Having spoken to Nicky Metcalf she reports that the child had made excellent progress, now swims with far less buoyancy aids, is extremely confident and is happy to swim on both front and back. The child was able to achieve a swimming award which was then presented in a school assembly.**

This year saw the launch of the Reindeer Fun Run for which 100 medals were purchased. Unfortunately due to the number of other events happening at this time of year the race had to be postponed. The medals were put to good use however by the running of a KS2 Christmas Fun Run held during school time. This was a resounding success and will be repeated this year. This led onto the running of the Cowes Community Family Easter Fun Run which was held on a Sunday morning and in which all runners were awarded a medal (total cost of £63.69). The run proved to be successful, making a profit of £191 and is something that will hopefully be develop in the future. Following the run participants were encouraged to attend Park Run-a community fun run held every Saturday at Medina. **It is hoped this event will further strengthen the schools links with the community and have a significant impact on attitude to physical activity and continued participation.**

Having attended an Archery festival with a group of children it was very evident that archery was an excellent activity to ensure inclusion. An archery kit including enough equipment to occupy a class of 30 was therefore purchased (at a cost of £681) **It is hoped to include this either as a new activity in curriculum time or as a new after school activity therefore attracting more children to**

become physically active. It will also make an excellent wet- weather games activity ensuring children do not lose valuable PE time due to bad weather.

£409.29 was spent on replacing certain items such as vortex, javelins, footballs and quoits. The aim is to always ensure that the children have good quality equipment to work with as this often results in the children becoming more engaged in the activity and taking greater pride in their performances.

As in previous years an assembly recognising the achievements of several year 6 children will be held. Here trophies are awarded to those children who have represented the school on several occasions and have performed to a high level outside cluster competitions (either IOW finals or Hampshire). Children who have shown a very marked improvement or have broken school records on sports day are also congratulated. These trophies are to be purchased shortly. **It is hoped that this assembly will inspire children to work towards their true potential and always strive to improve their own performances.**

Future uses of the PE Sports premium money:

To purchase an online teaching package called Cosmic Kids Yoga- this has already been trialled in school and has proven to be an invaluable wet weather games lesson resource. **It will also be an excellent activity to include in the Fit for Fun club. It is also hoped to include this as the PE yearly programme. Cost is currently being investigated as there are several different packages available.**

Training courses for teachers doing their own PE- **to allow teacher to be more confident and knowledgeable in the delivery of their lessons.** An outdoor and adventurous course would be particularly useful as **this would help increase expertise in an area of the curriculum that is currently in need of developing.** Some inset training with Nicky Metcalf, a gymnastics coach, to deliver training in KS1 and KS2 gymnastics is a possibility. The training would be available to any member of staff who feels they would benefit from additional support. As Nicky Metcalf is already closely linked to the school (she runs a gymnastics club and is the Sustrans link) she will provide the training at a cost of £20/hour. She is happy to provide as many sessions as are needed. **Whilst the impact of this cannot yet be reported it is hoped the training will increase the confidence of the class teachers in delivering PE and provide ideas and organisational skills.**

The sports kit provided by Ryde Harriers has proven to be very popular with the children. Some money will therefore be used to top this up to enable all team members, including A, B and C team members, to wear identical kit. **This helps to enhance the feeling of belonging to a team and allows the children to feel proud of their appearance – both these factors often contribute to enhanced performances.**