

PE and Sport Report to Governors including the spending of the PE Premium from Sept 2017 to July 2018.

In late 2017 it was confirmed that there would be an increase in the PE/ Sport Premium, funded by the 'Sugar Tax'. This meant that in December 2017 the school was awarded £10, 815 which would be followed by £7,725 in May. OFSTED now as part of their visit to a school investigate the spending of the sports premium money and its impact in schools mainly in terms of increased participation and its sustainability.

As always the main drive behind the spending of the Sports Premium Grant has been the development of sport and physical activity for all pupils regardless of their sporting ability. The schools vision for PE and physical activity is to develop a positive attitude towards a healthy lifestyle that extends beyond childhood. This is achieved by offering a range of physical activities that are delivered in such a way as to ensure engagement by all. The school's commitment to these aims was rewarded in September 2017 when we were awarded for a second time the Sainsbury Gold Kite Mark which recognises such values as inclusion, leadership, participation and endeavour. As a result of this achievement two pupils were invited to join pupils from other Gold Kite Marks school to visit West Wight Sport Centre for a day of sporting activities.

With the schools ethos on sport forming a very central part on budget allocation the PE Premium has been spent as follows:

A salary of £4183(for the period 1/4/17- 31/3/18) and £7462(for the period 1/4/18- 31/3/19) allows JK to teach the majority of children in school. This means that most classes will be taught by a specialist PE Teacher who has been observed as delivering outstanding lessons. £5269 has also been allocated to pay SN who has team taught several lessons with JK and has now developed enough confidence and expertise to teach alone. **This has allowed the standard of delivery to remain consistently high across the school.**

As in previous years a large part of the budget (£990.50) has been used to send children from years 3-6 on a Gifted and Talented programme. This year five Year 3 children, eleven Year 4 children, nine Year 5 and ten Year 6 children attended the programme, our most to date. This gives the children the opportunity to participate in a wide variety of sports alongside equally talented children and receive coaching from several specialist coaches. Each year the impact of the coaching on the year 5 and 6 children is clearly seen by the standards they achieve. Gold, silver or bronze certificates are awarded depending on performance, level of improvement, attitude, behaviour and attendance. This year 8 gold certificates were awarded, 7 silver and 1 bronze. The year 3 and 4 children are awarded certificates of attendance to celebrate their commitment.

This year one of the main drives in spending part of the funding was to implement and promote a healthy and active environment in school through initiatives like the Golden Mile, Fitter Future and Imoves. This was in response to the latest government directive that states that all children must engage in some form of physical activity for 30 minutes a day on top of their usual PE and Games. The Golden Mile is an activity that encourages children to walk, jog or skip for a period of time, usually 10-12 minutes. Their activity is fed into a class portal which keeps a log of each child's activity and converts this to miles. There are various milestones that the children can achieve for which they are awarded certificates, wristbands or medals. In order for this activity to be accessible to all children in school money has been spent to improve access into the Sensory garden, an area of school ideally suited to the Golden mile. The cost of doing this was £430. **The impact of introducing this activity has been clearly seen by the numerous certificates and wristbands that are awarded in assembly to celebrate the children's achievements. Children are very enthusiastic about doing the Golden mile and often ask to do it.** To encourage exercise breaks in the classroom, which would contribute to the 30 min directive, two online packages are currently being investigated. These are called Fitter Future and Imoves Active breaks. Staff will be asked in September if they would find these packages useful.

Another new activity introduced this year was Balanceability- this is an activity specially designed to teach children between the ages of 2.5 to 6 years the skills to learn to ride a pedal bicycle. Balanceability eradicates the use of stabilisers and promotes the fundamental skill of cycling, which is balance. £400 was spent on bringing in a qualified coach to deliver the programme to all of the FKS. Due to the success of this activity JK and SN were sent on a training course (£160) to enable continued delivery every year. A set of 10 balanceability bikes, training manual and set of lesson plans were also purchased at a cost of £900. **It is hoped that this early introduction to cycling will enable more children to successfully ride a bike without the need for stabilisers and thereby engage in this activity whilst out of school. The improved balance that this activity promotes can also be transferred to numerous other spots and activities.**

The variety of clubs on offer from September 2017 to date has been particularly pleasing. **The numbers of places taken up by children across all sport clubs during the academic year Sept 2017-June 2018 was 756;** this is an increase from last year. Details of clubs and numbers of children attending are shown in **table 1.** The club timetable involves a mixture of team games such as basketball and rugby, individual sports such as gymnastics and cross country and fun activities such as glee club. These aims to ensure inclusion by children of all levels of ability and all ages. The Fit for fun club this year took on the form of Glee club where the children were given the opportunity to dance, sing and perform as much or as little as they wanted to. This was particularly successful and was aimed primarily at those children who have struggled to engage in their PE lessons. As of September 2018 this club

will continue and will focus on children identified by class teachers who are struggling academically. The importance of this club is strengthened by the research that suggests there is a **proven link between increased physical activity and improved academic achievement**.

In addition to these clubs JK also runs specific squad training sessions in order to prepare for competitions. [School games membership of £200](#) allows the school to enter all of the cluster and Island competitions and festivals organised by the SGO. (Cricket and Football charge separate entry fees; [Cricket £20 and football £30](#)) **Here the more able children are given the opportunity to compete against equally talented children and experience the highs and lows associated with competition**. We enter virtually all competitions, the results of which are shared with all the children and parents via news-letters, assemblies and Facebook. This sharing of success helps to build further home school links. Whilst the competitions are generally aimed at the stronger more able children the festivals are non-competitive and **are aimed at encouraging other children to participate in sport outside the security of a PE lesson**. The festivals entered have been sitting volleyball, dodgeball, table tennis, OAA, archery, multi-skills, mini triathlons and girls' football, all have proved extremely popular. **With the addition of new competitions this year, Cowes has attended 37 competitions/festivals since September 2017 involving approximately 424 children. This is an increase from 2016/17 when 35 competitions and festivals were entered involving approximately 360 children. Details of competitions and festivals are shown on table two.**

In March 2018 a survey was sent out to all Year 6 parents inquiring about the swimming status of their children in relation to national curriculum requirements.

This information was collected as a direct response to [recommendations submitted to government](#) by the Review Group in July and is the first time that the school has been required to publish the data.

Parents were required to answer questions stating if their child could:

- swim competently, confidently and proficiently over a distance of at least 25 metres
- use a range of strokes effectively
- perform safe self-rescue in different water-based situations.

After an excellent response the following data was collected:

72.91% of year 6 children are able swimmers who can swim using various strokes and are able to perform self-rescue. Many of these children are able to swim much further than 25m.

16.67% of children are described as weak swimmers (can swim less than 25m), who are confident in limited strokes and are slightly confident in performing self-rescue.

10.41% are described as none swimmers.

The updated guidance provided by the Review Group also confirmed that schools can use the PE and sport premium funding to provide additional swimming provision targeted at pupils who have not been able to meet the national curriculum requirements. **This will be a major target next year to ensure 100% of Year 6 children meet all requirements.**

Additional swimming has been provided throughout the academic year for two SEN children who it was believed would benefit greatly from additional swimming lessons. **The Summer term report for these two children showed that there had been superb progress with one child now being able to swim 14m front crawl and back crawl whilst the other child can now move independently along the pool wall on his front”**

This year a very successful event was held for Sport Relief. A mile route was set out down Northwood Park and every class was given the opportunity to run, jog, hop or walk a mile for sport relief. On completion of the run children were given their Sport Relief biscuit. Lots of parents joined their children for the run which created a lovely community atmosphere.

Several Improvements to the outside environment have been made this year to enable greater involvement by more children. £500 was spent to extend and improve the line markings on the bottom playground which has proved invaluable during games lessons. **It has been possible to quickly allocate children set practice areas which have enabled them to work in a safe and appropriate area. More time has therefor been allocated to physical activity rather than setting up coned areas of play**

The basketball posts have now been safely sunk into the playground making them much safer to use – **this has allowed greater use at playtimes and has in fact proved to be a very popular activity thereby increasing energy levels at playtime.** The cost of this was £750. Should the posts need to be removed to free up the playground for another activity, (cross country for example) this is easily done. An indoor set of basketball back boards and rings have also been installed in the hall (£274.93) **thereby allowing a new activity to be played in there- something that is very suited to wet weather games where the aim is to keep the children active despite the weather!**

£630 was spent on repairs to the climbing equipment in the playground thereby allowing continued use of the equipment at playtimes. **This equipment is popular with all year groups and certainly adds to activity levels at playtime where children can practise such skills as agility, balance, strength and risk taking.**

£131 was paid to Universal Services to allow them to carry out their annual equipment checks and repairs ensuring all of the equipment is kept safe and up together.

In addition to promoting increased physical activity some of the sports premium has been used to buy badges for the sport and house captains collectively known as the Young Leaders (£121.90). These children have been responsible for inputting all of the Golden Mile data to enable children to see their progress. They also organised and ran the FKS and KS1 sports day and also helped with the events on KS 2 sports day. In addition to this some of the young Leaders assisted Mrs King at the Cowes Cluster Cross Country Relays which were hosted at Cowes Primary.

£268.29 has been used to purchase new rugby and basketballs allowing the children to now have a correctly sized high quality basket/rugby ball each. **This allows for greater participation during lessons and eradicates wasting time whilst sharing equipment.** A new event was introduced at this year's sports days, namely the Hobby Horse chase. £27 was spent on purchasing inflatable hobby horses – **this proved to be a very popular event with the less sporty children and thereby ensured their inclusion on sports day.** £52.54 was also spent on wristbands and stickers to ensure that all children received a participation wristband or were awarded with a first, second or third sticker in any event they entered.

To ensure all sporting abilities are given the opportunity to try out a new activity, this year for the first time a day of cheerleading was organised. A Dance teacher from the dance school Dance Fusion was invited into school to deliver a 30 minute cheerleading work shop to every class. The day proved very popular and is something we would look to repeat. **All children were able to participate in the day as no prior experience was necessary and all children started off the day with similar levels of experience and ability.** The cost was £500.

Ongoing projects and predicted future use of Sport Premium:

We are in the process of waiting to hear from the National Lottery Awards for All to see if our bid for funding for an outside gym has been successful. This has been done via a company called Fresh Air Fitness who helps put together an application on your behalf. If we are successful we are expected to pay a contribution of £500. The total project cost which covers 7 pieces of equipment and their installation is £11,706. Fingers crossed!

We are currently very much in need of a new PE shed. The town council have been approached for some possible funding. Albany Sheds can offer a made to measure shed 7ft x 15ft for £1,196 including VAT and delivery. They will also provide the timber bearer free of charge.

Part of the next wave of money may be used to add two more basketball posts to the bottom playground to again increase activity levels at playtime and provide another area of play during lesson times.

With the latest government directive stating that all children must now have at least 30 minutes activity a day whilst in school, playtimes provide an excellent opportunity to help ensure this. Money will therefore be spent on providing each class in school with their own colour coded equipment. With each class having their own easily identified equipment it is hoped they will feel greater ownership of it and therefore take greater care.

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An audit of the PE equipment will be done in September to ensure all equipment levels are kept high and age appropriate.